

February Menu

Tribal Elders



Monday	Tuesday	Wednesday	Thursday	Friday
1-Feb	2-Feb	3-Feb	4-Feb	5-Feb
Chicken Curry Kabobs	Spagetti & Meatballs Basil Pesto	Honey Smoked Turkey	Steak Medallions	Marinated Chicken
Roasted Corn Orzo & Slaw Mix	Zuchini / Squash & Garlic Toast	Mashpotatoes, Steamed Carrots & Roll	Rice Pilaf, Onions & Bellpeppers	Steamd Rice & Green Beans & Carrots
Monday	Tuesday	Wednesday	Thursday	Friday
8-Feb	9-Feb	10-Feb	11-Feb	12-Feb
Turkey / Ham Chef Salad	Sou Vide Chicken	Shredded Brisket	Chicken Stir-fry	MeatLoaf
Ranch / Italian	Avocado / Cumin Rice Roasted Corn	Rice Pilaf/ Grilled Zuchini & Squash w/ Roll	Steamed Rice w/ Bok Choy	Roasted Potatoes / Carrots & Green Beans
Monday	Tuesday	Wednesday	Thursday	Friday
15-Feb	16-Feb	17-Feb	18-Feb	19-Feb
Asian Chicken	Marinated Tri-Tip	Beef Lasagna	Citrus Salmon	Pot Roast
Red/Green Peppers & Steamed Rice	Roasted Potatoes & Broccoli Carrots	Grilled Zuchini Squash & Dinner Roll	Steamed Rice w/ Vegetable slaw	Mash Potatoes w/ Grilled Aspargus & Roll
Monday	Tuesday	Wednesday	Thursday	Friday
22-Feb	23-Feb	24-Feb	25-Feb	26-Feb
BBQ Sausage	Penne Bolognese	Greek Chicken Kabobs	Ranchero Steak	Blackend Salmon
Red/Green Bell Peppers w/ Steamd Rice	Roasted peppers & Rosemary Ciabatta	Saffron Rice w/ Streamed Broccolini	Spanish Rice w/ Roasted Corn	Chive Couscous Grille Zuchini